## WHAT IS CLAIMED IS:

and

1. A system for waking a person, comprising:

an input operable to receive an alarm time information and an aroma selection from a person;

an alarm operable to generate an audible signal when activated; an aroma station operable to generate an olfactory signal when activated; an activator operable to receive a snooze input from the person; and a controller coupled to the activator and the aroma station and operable to:

activate the audible signal in response to the alarm time information;

activate the aroma station in response to the snooze input and according to the aroma selection.

- 2. The system of Claim 1, wherein:
- the controller comprises one or more processors; and the one or more processors are operable to:

process the alarm time information; and

set an alarm time using the alarm time information, the alarm time corresponding to a time at which the alarm generates the audible signal.

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3. The system of Claim 1, wherein:

the controller comprises one or more processors; and

the one or more processors are operable to:

receive the snooze input from the activator;

- mute the auditory signal in response to the snooze input; and
- generate a release aroma signal in response to the snooze input, the release aroma signal operable to initiate the release of the olfactory signal.
- 4. The system of Claim 1, wherein the activator is enclosed in a floor mat, the activator further operable to be pressed and depressed by the person in order to generate the snooze input.

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- 5. The system of Claim 1, wherein the aroma station comprises one or more aroma storing devices, each aroma storing device comprising an aroma releasing material and operable to release the olfactory signal.
- 5 6. The system of Claim 1, wherein the aroma station comprises a selector, the selector operable to receive an aroma selection.
  - 7. The system of Claim 6, wherein the aroma station further comprises an indicator operable to display the aroma selection.
  - 8. The system of Claim 1, wherein the olfactory signal comprises one or more aromas operable to energize the person.
- 9. The system of Claim 1, wherein the olfactory signal comprises one of a selected bacon aroma, coffee aroma, sausage aroma, or hot chocolate aroma.

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- 10. A method for waking a person, comprising:

  receiving an alarm time information and an aroma selection from a person;

  generating an audible signal in response to the alarm time information;

  generating an olfactory signal at an aroma station when activated;

  receiving a snooze input from the person at an activator; and

  activating the aroma station in response to the snooze input and according to
  the aroma selection.
- 11. The method of Claim 10, further comprising:

  processing the alarm time information; and
  setting an alarm time using the processed alarm time information, the alarm
  time corresponding to a time at which an alarm generates the audible signal.
- 12. The method of Claim 10, further comprising:

  muting the auditory signal in response to the snooze input; and
  generating a release aroma signal in response to the snooze input, the release
  aroma signal operable to initiate the release of the olfactory signal.
- 13. The method of Claim 10, wherein the activator is enclosed in a floor mat, the activator further operable to be pressed and depressed by the person in order to generate the snooze input.
  - 14. The method of Claim 10, wherein the aroma station comprises one or more aroma storing devices, each aroma storing device comprising an aroma releasing material and operable to release the olfactory signal.
    - 15. The method of Claim 10, further comprising receiving an aroma selection at the aroma station.
- 30 16. The method of Claim 15, further comprising displaying the aroma selection.

- 17. The method of Claim 10, wherein releasing the olfactory signal energizes the person.
- 18. The method of Claim 10, wherein the olfactory signal comprises one of a selected bacon aroma, coffee aroma, sausage aroma, or hot chocolate aroma.

## 19. A system for releasing an aroma comprising:

means for receiving an alarm time information and an aroma selection from a person;

means for generating an audible signal in response to the alarm time 5 information;

means for generating an olfactory signal at one or more aroma stations when activated;

means for receiving a snooze input from the person at an activator; and means for activating the aroma station in response to the snooze input and according to the aroma selection.

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## 20. A system for waking a person, comprising:

an input operable to receive an alarm time information and an aroma selection from a person;

an alarm operable to generate an audible signal when activated;

an aroma station operable to generate an olfactory signal when activated, the olfactory signal comprising one of a selected bacon aroma, coffee aroma, sausage aroma, or hot chocolate aroma, the aroma station comprising:

one or more aroma storing devices, each aroma storing device comprising an aroma releasing material and operable to release the olfactory signal;

a selector, the selector operable to receive an aroma selection; and an indicator operable to display the aroma selection;

an activator operable to receive a snooze input from the person, wherein the activator is enclosed in a floor mat, the activator further operable to be pressed and depressed by the person in order to generate the snooze input; and

a controller coupled to the activator and the aroma station and comprising one or more processors operable to, :

process the alarm time information;

set an alarm time using the alarm time information, the alarm time corresponding to a time at which the alarm generates the audible signal;

activate the audible signal in response to the alarm time information;

activate the aroma station in response to the snooze input and according to the aroma selection;

receive the snooze input from the activator;

mute the auditory signal in response to the snooze input; and

generate a release aroma signal in response to the snooze input, the release aroma signal operable to initiate the release of the olfactory signal.